## **Health Education BINGO**

Directions: Read over the questions below on the "BINGO" table. Then ask your peers to "sign" their name in the box *only if* they are able to provide the correct answer to the corresponding question. <u>Note:</u> People can sign in only ONE box per sheet.

How many National Health Education Standards are there?	What is the definition of the term "gateway drug"?	What are four (4) simple feeling words?	What are four (4) common pubertal changes that occur to most, if not all, pre-teens and teenagers?	What does ATOD stand for?
What are four dimensions/aspects of wellness?	What are the 3 C's of safety?	What are three (3) different types of exercise?	What is the difference between joking, teasing, and bullying?	What are three (3) ways people express affection within healthy relationships?
What are two safety rules all of us should follow when out in our community?	Where can you find the National Health Education Standards?	Everyone has the right to be happy, healthy, and safe. (FREE SPACE)	What is the most abused drug in America?	Where can a student go for reliable help for a friend who seems to need support?
What does consent look, sound, and feel like?	How can a person prevent skin cancer? Note three (3) habits.	What are two things that can impact a person's body image?	What is the difference between sexual orientation and gender identity?	How healthy is it to count calories?
What are two healthy habits that help protect the environment?	Who is the target for vaping advertisements?	What is the difference between emotional health and mental health?	What are two (2) things people should do to remain safe when using social media?	What does STD or STI stand for?